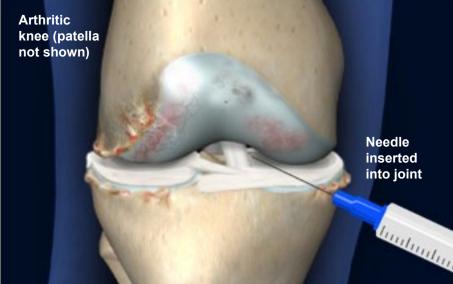
# Visco-supplementation for Arthritis of the Knee







### Overview

This nonsurgical procedure is an injection of a gel-like medication into the knee joint to supplement or replace the thick synovial fluid that cushions the joint. This treatment can help reduce the pain of arthritis.

#### Preparation

In preparation for the procedure, the physician numbs the knee with an injection of local anesthetic.

## The Injection

The physician carefully guides a needle through the numbed tissue and into the space within the knee joint. The physician may confirm the position of the needle with a fluoroscope, a special type of x-ray that shows moving images. Once the tip of the needle is positioned correctly, the physician injects the medication. This fluid will cushion and lubricate the knee joint.

## **End of Procedure and Aftercare**

When the injection is complete, the physician removes the needle. The injection site is bandaged. The patient may not feel relief for a few weeks, and may need to return for additional injections.